Service & Action Reference Sheet

Service & Action is incorporated into the Individuals and Societies class to encourage students to think of themselves as thoughtful members of the local community and the larger world. The **Service & Action Logs** will be checked and collected by your Individuals and Societies teacher. Logs are due **on or before** the **deadline** of **March 30, 2022, or March 31, 2022.**

Service & Action Hours

There are two ways to achieve your Service & Action hours:

- 1. You may participate in Service & Action projects here at Ammons (if we have any this year).
- 2. You may also be awarded Service & Action hours for your participation in projects which take place *outside of school hours*.
 - a. There are many ways you can participate in Service & Action. Check with your Individuals and Societies teacher before participating in Service & Action virtually to ensure what you are choosing qualifies for community service hours. In addition, proof from the organization or proof of competition must be obtained, containing the number of hours you completed and an explanation of the Service & Action you provided.
 - b. If participating outside of school in-person, please reach out to Ms. Perlman for permission, to ensure what you are doing qualifies for community service hours. In addition, a letter from the organization or proof of competition must be obtained containing the number of hours you completed and an explanation of the Service & Action you provided. You may get involved with activities in your community along with your family/parents/guardians. Most non-profit organizations sponsor a variety of service activities that will allow you to earn hours.

Service & Action Do's and Don'ts

Do's

Ask yourself two questions to determine if what you are planning is acceptable service and use these questions to guide your reflections:

- 1. How will this help the community at large?
- 2. How can I make a difference?

The organization should be a non-profit group that services the broader community.

***Avoid clumping hours together. Log each entry separately, clearly indicating:

- 1. Date & Hours
- 2. Authorized signature & Supervisor's phone number
- 3. If you need additional logs, see Mr. Wilson or Ms. Perlman in the Main Office.

Make sure that your parent or guardian signs the completed Service & Action log verifying that you participated in the activities, but not as an activity supervisor.

Don'ts

The following activities **WILL NOT** be accepted as Service & Action Activities:

- babysitting, walking pets, mowing the lawn, and general chores for your family
- Going to work with parents, relatives or friends is a great career shadowing experience, but not service

Parents **MAY NOT** sign for Service & Action hours. The individual from the organization who supervised the activity must sign the log. Virtual service and action must require some digital proof that the service and action has been completed.

If you are in doubt or would like to create a service project using one of the above activities, you **must get prior approval** from **Ms. Perlman** or your **Individuals and Societies** teacher. **Points will not be awarded after the fact.**

I have read and understand the requirements for	Service & Action	and that the DEA	DLINE to turn in	n my Service &
Action log is March 30, 2022 or March 31, 2022.				

Student Signature / Date	Parent Signature / Date	

Ammons Service & Action Log

Deadline: March 30, 2022 or March 31, 2022

As part of the International Baccalaureate Middle Years Programme curriculum, students are required to reflect on the question, "How can I help others?" Completing Service & Action hours and a log is one of the requirements for students to receive an I.B. Certificate at the end of 8th grade. Students must log each activity and verify hours with a supervisor signature, letter and/or certificate. Pictures are suggested, but not required. (Parents may not verify hours.) Examples include, but are not limited to: tutoring, cleaning parks and beaches, volunteering at animal shelters, walk-a-thons, volunteering at hospitals and nursing homes, preparing care packages, school beautification, volunteering at homeless shelters, after-school care, and many more.

Students should complete a **Service & Action Reflection Form** according to the grade requirements for their Portfolio. This form is available in the main office or on the school website (www.ammonseagles.com/ib-portfolio)

The minimum required hours THIS SCHOOL YEAR ONLY are as follows:

6th grade: 10 hours
7th grade: 15 hours
8th grade: 20 hours

Date	Activity	Hours	Signature	Phone #
	Tatalllauma			
	Total Hours:			
Print Studer	nt Name:	Si	gnature:	
	Name:			
ndividuals and Societies Teacher Name: Period:			Period:	
Individuals a	and Societies Teacher Signature:			
	/ Vear: Score for complet			